

MUESLI BISCUITS

INGREDIENTS

3 cups Gaby's Original muesli 3/4 cup desiccated coconut 3tbs coconut flour 120g butter 3tbs golden syrup 1 egg

METHOD

Preheat oven to 150 degrees celsius

- 1 Melt butter and golden syrup in microwave or stove top pan.
- 2 Beat egg.
- 3 Place all ingredients in a large bowl and mix well to combine.
- 4 Place heaped tablespoons of the mixture onto oven sheet/tray lined with baking paper. Flatten each one a little with the back of an oiled spoon or damp hands.
- 5 Bake for 20-25 mins until golden.

Makes approx 20